

Dr. Joshi's Dietary recall form for Autism

Name:	
Address:	
Mobile no.: Telephone no.:	
Email id:	
Age:D.O.B	
Sex:	
Height: Weight:	
Diet: Veg □ Non Veg □ Eggitarian □	
Sensory issue with particular taste or texture or color of food. Kindly mention idetail:	i
Water consumed per day: 1-2Lt □ 2-3Lt □ More than 3 Lt □	
Fruit consumption per day: 0-1 serving □ 1-2 serving □ 2-4 serving □	
Vegetable consumption per day: 0-1 serving \square 1-2 serving \square 2-4 serving \square	
Non Veg consumption per week: 1-2 times □ 3-4 times □ more than 4 □	
Fried food consumption per week: 1-2 times □ 3-4 times □ more than 4 □	
Soft drink consumption per week: 1-2 times \square 3-4 times \square more than 4 \square	
Packaged processed food consumption per week: 1-2 times □ 3-4 times □ more than 4 □	



Ciliu is on any medication: 1 es 🗆 No 🗆	
If yes mention:	
Family History of illness:	
Personal History of illness (past and present):	
Also mention daily dietary routine in detail:	